

## Psychedelic Welfare Services Vienna, Austria

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Psychedelic Welfare is an umbrella term for services dedicated to helping people who are undergoing or have encountered difficult, drug-related experiences.



### Psychedelics-specific harm reduction

- During the emergence of challenging experiences
  - PsyCare
- Aftermath of challenging experiences
  - Integration Circles



 Psychedelics related problematic situations are likely to be of non-medical nature and can be minimized with timely and professional assistance.

### 

Entheogens catalyse a rapid connection with the deepest parts of our psyche
 We don't deny the experience or try to make people come back to "normal"
 PsyCare helps individuals to embrace the journey, by providing support.



### On-site:

- Support medical and security services
- Unbiased drug information and advice, based around harm reduction philosophy.
- Hydration and nutrition

- Provide a safe welcoming space
- Offer empathic non-judgemental support.
- Help the distressed person move on from a place of difficulty to a more grounded, calm and positive perspective.



### DÁT2 Psy Help

### **Psychedelic Harm Reduction**





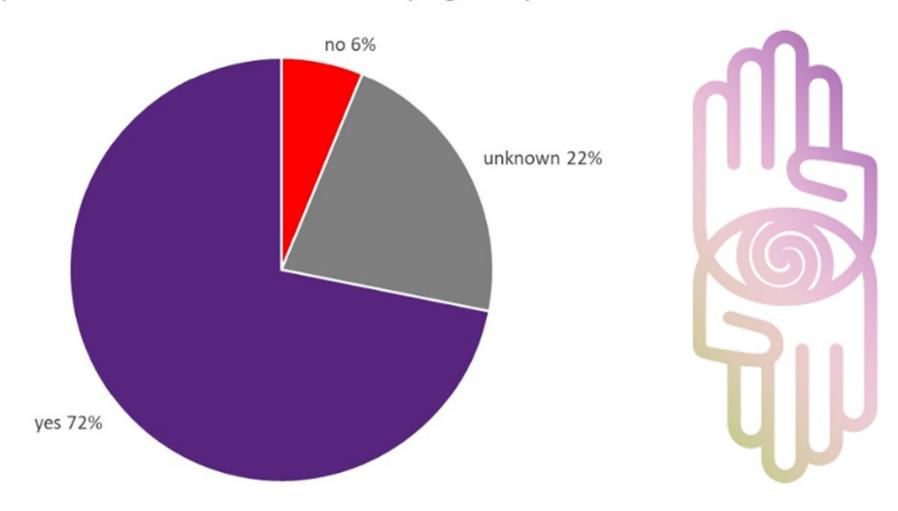
### Off-site:

- Volunteer training
- Supervision
- Tripsit manuals translation
- Community / Reference Group

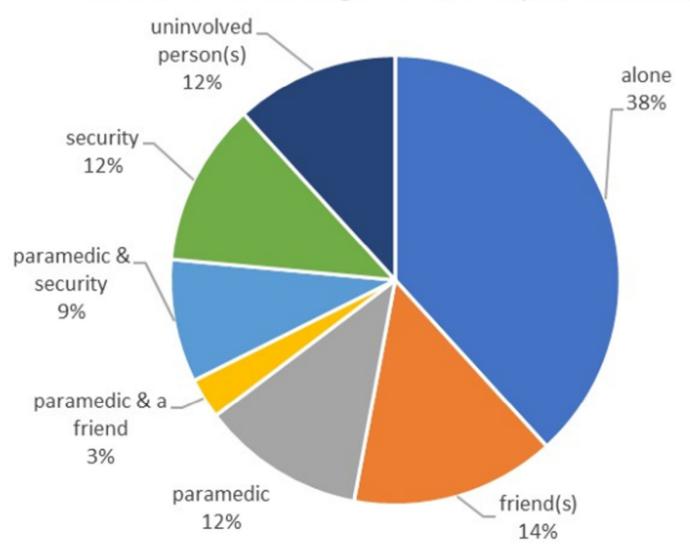
# 60 trained volunteers 3 International Festivals ca. 120 clients in sum



#### improvement in condition after staying at PsyCare



### Clients were brought to the Psycare tent by





# Set 118 Setting Support

### **Small Group Discussions**

Psychological processing of the experience:

- intrapersonal
- interpersonal
- spiritual
- trauma



**Neutral Space** 

"Ground Crew"

**Trained Facilitators** 

Non-judgemental environment

11 Sessions
3 Facilitators
70 participants
39 unique participants





### Resources:

- AT, HU, CZ, UK partners
- On-site donations
- Crowdfunding
- Charity events
- State Funding



Psychedelic Welfare services are a part of meaningful public health policies that promote long term mental health and physical safety.

