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Warning! Para-Methoxymethamphetamine (PMMA) identified in Ecstasy tablets

Between late July and early August 2026, checkit! identified **Para-Methoxymethamphetamine (PMMA)** in three tablets submitted as Ecstasy. These tablets are currently circulating in Vienna and have a similar appearance, with minor differences. More information about the tablets can be found below.

PMMA has, similar to MDMA, stimulant and empathogenic effects. However, in unlike MDMA, even relatively low doses can cause a rapid and pronounced increase in blood pressure and body temperature, as well as severe muscle cramps and cardiac arrhythmias. When taken orally, the onset of effects is slower than with MDMA and may take up to 1–2 hours after ingestion. PMMA also acts as MAO inhibitor, which can lead to potentially dangerous interactions with a range of other substances, including recreational drugs and medications.

Why does unknowingly consuming these tablets pose an increased risk?

- The **delayed onset of PMMA's effects** (1-2h) may tempt you to take more before the initial dose has taken effect. This can lead to life-threatening overdoses.
- **Interactions** between PMMA and other recreational drugs, as well as certain medications, pose a **significant health risk**.

Wir strongly advise against consuming these tablets!

Risk Reduction:

- **Use Drug Checking if possible!** The appearance of a powder or pill says nothing about its ingredients
- **Do not redose** if you experience unexpected effects or no effects at all. The onset of effects may be delayed.
- **Do not stay alone** if you start feeling unwell. Reach out to someone you trust and ask them to stay with you.
- **Call emergency services (144 / international: 112)** if you or someone else feels unwell after using or the above-mentioned symptoms set in.
- **Avoid mixing substances.**
- **Especially now, during hot weather:** Make sure you drink enough, but not too much. Recommended are 0.3-0.5 litres of (non-alcoholic) liquids per hour.

Only use, if you are **feeling well**, in a **place** where you feel safe and comfortable, and with **people** you trust.



Logo: Redbull
Back: Redbull | Groove
Colour: purple
Length x Width: 13.7 x 7.5 mm
Depth: 4.5 mm
Weight: 417 mg
Content: **56 mg PMMA**



Logo: Redbull
Back: Redbull | Groove
Colour: purple/red
Length x Width: 13.5 x 9.7 mm
Depth: 4.5 mm
Weight: 487 mg
Content: **59 mg PMMA**



Logo: Redbull
Back: Redbull | Groove
Colour: purple/brown
Length x Width: 13.7 x 9.7 mm
Depth: 5.1 mm
Weight: 487 mg
Content: **114 mg PMMA**

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